





# **PALS Pre-Course Instructions (Required!)**

This document provides instructions for how to prepare for your PALS course, and how to access the <u>REQUIRED PRECOURSE WORK THAT MUST BE COMPLETED</u> <u>BEFORE YOUR CLASS</u>.

#### **Address for Class:**

CPR Cincinnati 4225 Malsbary Road Suite 204, Blue Ash, Ohio 45242 513-828-3488 info@cprcincy.com

#### **Arrive on Time:**

Please plan to arrive on time because it will be difficult for late students to catch up once we start. Students are expected to attend and participate in the entire course. If you arrive later than 20 minutes after class start time you will be asked to reschedule.

#### **How to Prepare:**

- Review and understand the information in your PALS Provider Manual. Please review all the sections throughout the manual.
- Pay particular attention to the following sections below listed in the table of contents:
  - o Review of BLS and AED for infants and children
  - The Systematic Approach to the seriously ill or injured child using the evaluate-identify-intervene sequence.
  - o Recognizing and Managing Cardiac Arrest
  - o Recognizing Respiratory Distress and Failure
  - o Managing Respiratory Distress and Failure
  - Recognizing Shock
  - Managing Shock
  - o Recognizing Arrhythmias
  - Managing Arrhythmias
  - Post Cardiac Arrest Care
- Throughout the PALS provider manual there are treatment algorithms. There is one for each specific condition/emergency. Become familiar with all the treatment algorithms throughout the PALS Provider Manual.
- You will be expected to recognize cardiac rhythms and understand PALS pharmacology. These topics are not taught in this course.







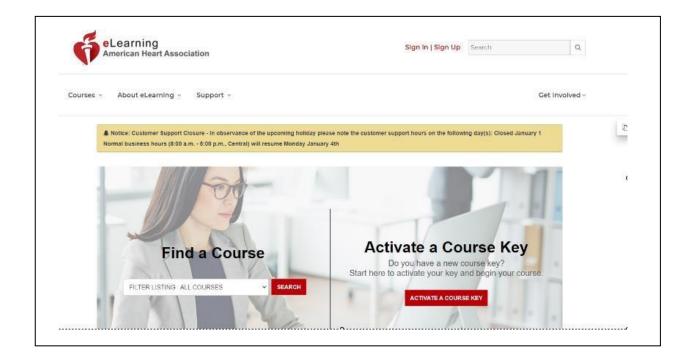
# **You Must:**

- 1. Complete and Print your required Precourse Work Preparation Certificate.
- 2. Score a **70% or higher** on your Precourse Self-Assessment in order to attend class.

# How to Create an Account with the AHA, Access, and Complete Your Required Pre-course Preparation and Precouse Self-Assessment Test

#### **Step #1**

Create an eLearning account with the AHA. Go to <a href="https://elearning.heart.org">https://elearning.heart.org</a>
If you already have an AHA account then login. If you **DO NOT** have an AHA account, click on the top right where it says, "Sign up". Then "Create and Account" as a New User, and Sign In. \*SAVE YOUR ACCOUNT LOGIN INFORMATION!



\*You must save your login information to access your account again.

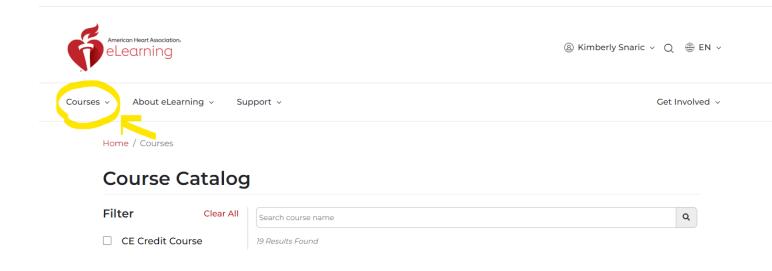




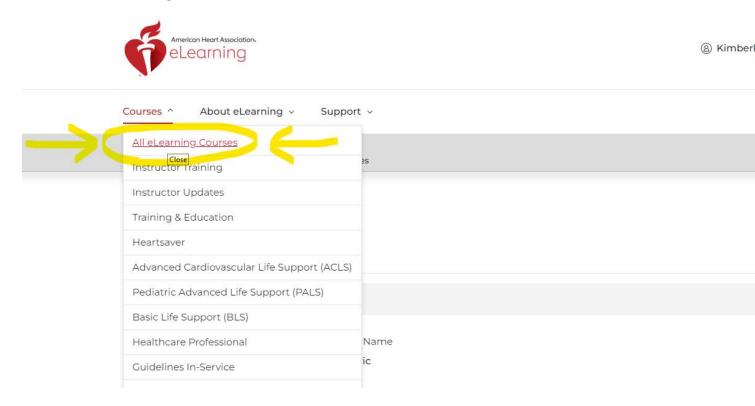


#### Step #2

After you have logged in, or created your new account, you will see all the courses offered in eLearning under the COURSES tap at the top left.



#### Select ALL eLearning Courses as shown below.



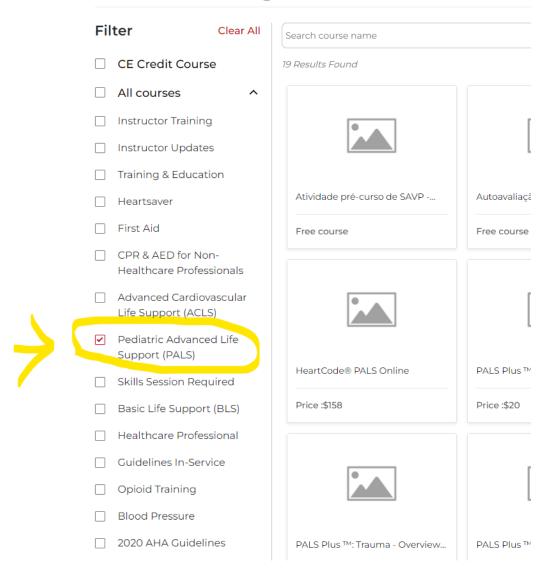






Next, using the FILTER on the left panel UNCHECK ALL and CHECK PALS only as shown below.

# **Course Catalog**

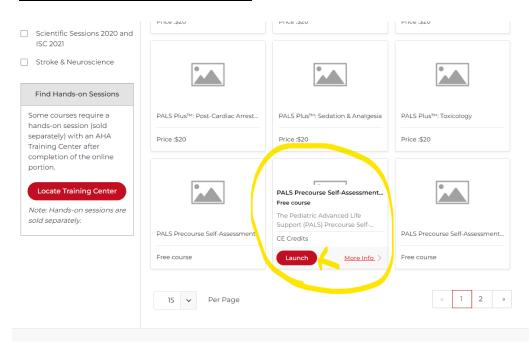




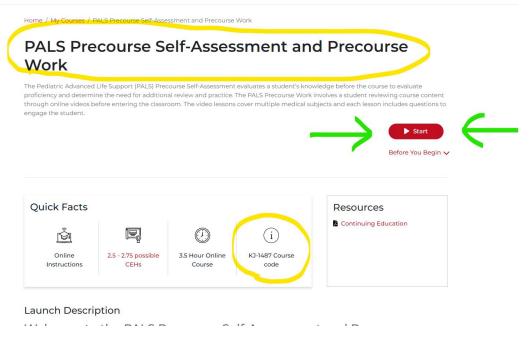




Scroll down and locate the required PALS course shown below in the center of the bottom row on the first page of courses listed and CLICK the red LAUNCH button:



Confirm you have the correct course by verifying the course code is KJ-1487 and making sure it is called PALS Precourse Self Assessment and Precourse Work as shown in the image below and then click START.



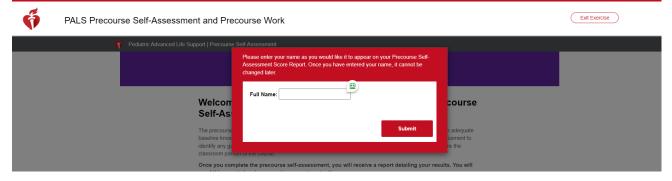






#### <u>Step #3</u>

After clicking start and beginning the course, enter your name as it should appear on the completion certificate. After you enter your name, click SUBMIT.



Next, Click START Exit Exerc PALS Precourse Self-Assessment and Precourse Work Pediatric Advanced Life Support | Precourse Self-Assessment Welcome to the American Heart Association's PALS Precourse **Self-Assessment** The precourse self-assessment is a prerequisite for the PALS Course to ensure that all students have the adequate baseline knowledge to enter the course. Use the report you receive at the end of the precourse self-assessment to identify any gaps in knowledge. We encourage you to use all necessary resources to fill those gaps before the classroom portion of the course Once you complete the precourse self-assessment, you will receive a report detailing your results. You will need this report showing a passing score to enter the course. Here are some key points about this precourse self-assessment: • The precourse self-assessment consists of 52 multiple choice questions within the following categories: Rhythm Identification Practical Application This precourse self-assessment should take about 1 to 1½ hours to complete. The precourse self-assessment is intended to be taken in one sitting. · You will have unlimited opportunities to complete and pass the precourse self-assessment. A score of 70% or higher is required to pass the precourse self-assessment.

Please note, you can save and return to complete the Precourse Work Preparation and the Precourse Assessment Test (included in the precourse work course) at any time. You do NOT have to complete the course in one session.



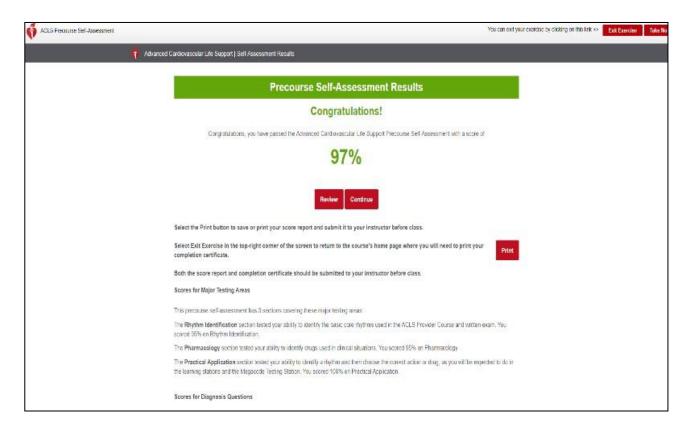




### **Step #4**

After you have completed the **Precourse Work Course**, which includes the precourse assessment test, you must print the completion certificate.

\*Please see the red highlighted area that says "Review" after completing the precourse assessment test. Here you can see what you missed. After reviewing what was missed, Click the red Certificate icon to print your completion certificate.



#### **NOTE:**

If you are having issues printing your certificate, but have completed the Precourse Work Course, you may still need to complete the AHA course evaluation survey. This must be completed to print your course completion certificate.

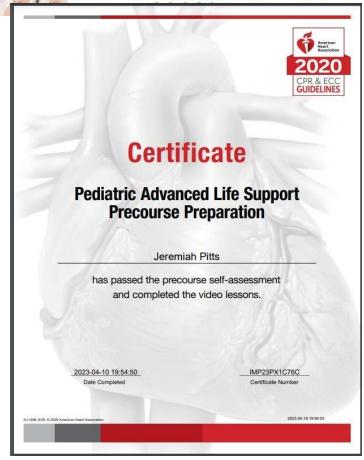
## <u>Step #5</u>

Bring your Precourse Work Preparation completion certificate with you on the day of class (on the next page).









## If you do not have a printer, select one of the following options:

- 1) Take a picture of the certificate with your smart phone and bring the picture to class or email the picture to <u>info@cprcincy.com</u> and let us know it is for your upcoming class and provide the date you are registered.
- 2) Download the certificate and then Email the certificate to our office at <a href="mailto:info@cprcincy.com">info@cprcincy.com</a> and let us know it is for your upcoming class and provide the date you are registered.
- 3) Have your AHA login information with you on the day of class and print upon arriving at the training site.

If you have any questions prior to the class, please call us at 513-828-3488 or email us at info@cprcincy.com.

We look forward to seeing you for your stress free and fun PALS class!